

MOVE IT STUDIO ONLINE

MOVE IT STUDIO
barre • pilates • dance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM BARRE	6AM BARRE	6AM BARRE	6AM BARRE	6AM BARRE	8AM PILATES
9:15AM PILATES	9:15AM BARRE	9:15AM PILATES	9:15AM BARRE	9:15AM BARRE	9:15AM BARRE
12PM 10-MINUTE BARRE	10:30AM BABE & ME YOGA	12PM 10-MINUTE BARRE	12PM 10-MINUTE BARRE	12PM 10-MINUTE BARRE	SUNDAY
6:30PM BARRE	12PM 10-MINUTE BARRE	6:30PM BARRE	5:15PM PILATES	6:30PM PAY WHAT YOU CAN BARRE	9:15AM BARRE
	5:15PM PILATES		6:30PM BARRE		10:30AM STRETCH
	6:30PM BARRE		7:45PM BALLET		